



\*\*\*\*Stats 2021\*\*\*\*

2021 was a busy year for Big and Small Peer Support, Inc. working with first responders while raising mental health awareness. We are 100% volunteers with NO ONE receiving a salary.

- Packaged and delivered 776- Gratitude Boxes to First Responders from multiple agencies within and surrounding Franklin County, NC. Gratitude Boxes are just a small way of letting our Police, EMS, Fire, and 911 Telecommunicators know we care and appreciate all they do.
  - Conducted 2 – Appreciation Cooks feeding 140 working First Responders. In addition to what the Gratitude Boxes provide, the cooks provide them a safe place to eat a meal with fellow First Responders while also allowing them the opportunity to engage with our trained Peers in a peer support setting.
  - Performed 1 – Critical Incident Stress Debriefing, (CISD) with 8 participants from multiple agencies.
  - Covered the cost of a hotel room for 2 – First Responders to attend a Post Critical Incident Seminar (PCIS) due to most agencies will not cover this expense.
  - Provided individual peer support sessions to over 25 – First Responders from multiple agencies and fields.
  - Delivered over 160 cases of donated cookies to various First Responder Agencies in and around Franklin County, NC.
  - Delivered 1,500 KN95 masks to local Law Enforcement agencies.
  - Several Board members reached into their own pockets to purchase candy to make up 85 – candy bags for kids who attended the Franklin County “Shop with a Sheriff”. We also distributed toys that were donated to every child that attended.
  - Coordinated and assisted in the delivery over 14,000 34oz bottles of hand sanitizer that were donated to all the local police departments in Franklin County, Franklin County EMS, multiple fire departments, senior centers, Franklin County School System, Franklin County Health Department, and Franklin County Social Services.
- Big and Small Peer Support, Inc. would not be able to do any of this without the generous donations and support from you, our donors, and from the Board Members and volunteers who donate their time and efforts.